

QP CODE: 24018820



Reg No :

Name :

MSc DEGREE (CSS) EXAMINATION , APRIL 2024

Second Semester

M Sc PSYCHOLOGY

CORE - PY010202 - HEALTH PSYCHOLOGY

2019 Admission Onwards

B0953F36

Time: 3 Hours

Weightage: 30

Part A (Short Answer Questions)

*Answer any **eight** questions.*

*Weight **1** each.*

1. Health.
2. What is biomedical model?
3. Psychoneuroimmunology.
4. Optimism and immune functioning.
5. Tend and befriend.
6. Secondary appraisal.
7. Pain behaviour.
8. Pain control.
9. Hospice care.
10. Stroke.

(8×1=8 weightage)

Part B (Short Essay/Problems)

*Answer any **six** questions.*

*Weight **2** each.*

11. Which are the factors that help a person to lead a healthy life style?
12. Stress, interpersonal relationships and immune functioning.
13. Coping styles.
14. Biopsychosocial pathways.





15. Pain management programs.
16. Personal issues in Chronic illness.
17. Psychological interventions in chronic illness.
18. Problems in self management of diabetes.

(6×2=12 weightage)

Part C (Essay Type Questions)

*Answer any **two** questions.*

*Weight **5** each.*

19. What is relapse? Describe the strategies of relapse prevention.
20. What is stress management?/what are the basic techniques of stress management?
21. Explain Placebo as a healer.
22. What is CHD? Explain the role of psychosocial risk factors in CHD

(2×5=10 weightage)

